



Managing a Lionfish Sting While Diving

- Remain calm.
- Allow small punctures to bleed.
 - This may decrease venom load.
- Notify the dive leader and/or your buddy.
- Safely end your dive.
 - Perform a normal ascent rate, safety stop and any deco obligation.
- Provide first aid.



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Surface First Aid Guidelines

- Rinse wound with clean water.
- Remove any obvious foreign material.
- Control bleeding if needed.
- Soak wound in non-scalding hot water for 30 minutes.
 - First test the hottest water you can tolerate on yourself in the same area.
- Monitor vital signs while en route to professional medical evaluation.
 - Life-threatening complications are rare but may occur.



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